

# STELLAR GOOD NEWS

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## Stellar Software

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## Backups and Power Surges

It happened again! One of our users got hit by a power surge that even their surge protectors couldn't stop, and their computers got fried. Fortunately the hard drives were unaffected and they were able to restore Stellar and other files without resorting to using a backup. But they might not have been so lucky.

**Are you backing up your Stellar data and important files?** If you're not, or if you're not sure you have a good backup, then you *need* to call us so we can help you get situated. Stellar's built-in backup is easy to use, and thanks to recent improvements, faster than ever. It can also be configured to back up other folders that may contain important files, such as My Documents.

**Restoring Stellar from a backup in an emergency is now easy as well,** thanks to a new program called RestoreStellar.exe that is created in the backup target folder. But be sure to call us before using it if you're not 100% sure of what you're doing (which we recommend doing anyway).

## Chiropractic at the Olympics

*From Foundation for Chiropractic Progress*

CARMICHAEL, Calif. – February 5, 2009 – For the first time in the history of the Olympic Games, the 2010 Winter Games in Vancouver, Canada, will include chiropractic care inside the Olympic Village Polyclinic, a multi-disciplinary

facility that offers comprehensive health care and medical services. While doctors of chiropractic (D.C.s) have historically been included on the Olympic medical staff, the upcoming events mark the first time that D.C.'s from the host country will be treating athletes and officials from around the world directly inside the Polyclinic.

"This is an historic event not only for the chiropractic profession, but also the athletes who will now have access to the care that will help them prepare their bodies for competition," states Michael Reed, D.C., MS, DACBSP, and Team USA Medical Director (USOC). "These athletes train hard and endure significant physical demands. Sports-focused D.C.s, along with other members of the sports medicine team, are specially skilled to assist them in reaching peak performance."

*Read the rest at:*

<http://www.foundation4cp.com/pr/2010/olympics-vancouver-1.pdf>

## Is it time for the DC practice to get a check-up?

*By Ronald E. Edgar, DC*

The health of a practice can use a check-up and sometimes a tune-up when issues are identified, namely what to do about the constant decline of insurance payments to DC's. Is it time to check out methods to get the other 90% of the non-chiropractic public into our care? I think the answer is yes! By not being so dependent on the for-profit insurance industry complex to

change their ways, we can get back to providing the greatest healthcare bang for the buck. Just picture this for a moment: that there were no insurance companies and patients had to pay for their own care! I can tell you that what would happen is our clinics would be full, to the demise of the medical establishment; but we have to live with how things are now. You get the picture though, the real problem is that insurance is a for-profit business, and that's all it is, but we suffer more than any other profession. Let us keep on educating the public about them taking charge of their healthcare and that we the DC's should be the real gate keepers, not the other way around.

There are several companies and doctors that can help with talking points for the media and how to get out of the insurance rut, one is Chester Wilk, DC: 847-825-0500, another is the AMC group of DC's: 877-262-7117. I think that most DC's have heard of these two, there many to look at, ask your friends who they have checked into.

Thanks for reading and get busy!

## **Colorado Governor, Legislators Initiate State Health Reform Measures**

*From DOTmed.com, by Astrid Fiano*

Stating that the state of Colorado "can't wait for Washington to act," Governor Bill Ritter has announced new health care legislation including ten bills and an executive order. Governor Ritter says that the legislation "will focus on three main areas of health care: increasing cost-savings, efficiencies and accountability; improving public and private systems; and protecting and improving care for women."

Governor Ritter's Executive Order provides for increased efficiency in Medicaid and the state's Children's Basic Health Plan through a requirement that state agencies electronically share citizenship information. This facilitates low-income persons in applying for public assistance programs.

*Read the rest at:*  
<http://www.dotmed.com/news/story/11667>

## **Might Medical Radiation Damage More Than DNA?**

*From DOTmed.com, by Brendon Nafziger*

As scientists wrangle over how significantly low-dose radiation from X-rays and CT scans might

increase cancer risks, a radiologist wonders if they have neglected another possible danger: adverse epigenetic effects.

Large blasts of ionizing radiation are known to scramble cellular DNA, creating mutations. But not much has been done to study radiation's effects -- especially low doses of radiation, the kind released in medical imaging -- on the proteins that surround DNA and aid in gene expression, according to Dr. Shella Farooki, a radiologist at Columbus Radiology Corporation in Columbus, Ohio, writing in the current issue of the Journal of the American College of Radiology.

"Lately, as radiologists, we've been under the gun to address our utilization of CT and fluoroscopy and nuclear medicine, and there has been a lot of media attention to radiation exposure and overdose. But I wonder if there's any relationship between epigenetics and CT," Dr. Farooki tells DOTmed News.

*Read the rest at:*  
<http://www.dotmed.com/news/story/11547>

*More fascinating information on the emerging field of epigenetics:*  
<http://discovermagazine.com/2006/nov/cover>

## **Stellar Updates**

Some recent changes and updates to Stellar (go to the Help menu in Stellar and click Download Stellar Update for the complete list):

### **Backup**

A helper program called RestoreStellar.exe is now created at the backup destination to aid in restoring a backup.

### **Appointment Listing**

Added totals line below the list, and added the patient count to the totals.

### **Patient Billing, Configuration**

Added an option to print "Due Now" instead of "Min.Due".

### **Referrals, Patients**

Adding a new patient with a referral now increments a referral counter, to help you track how many patients you've got from a referral source.

### **Electronic Special Submit**

Added option to submit a voided claim.

### **Payments & Corrections**

Fixed bug where removing very old treatments could cause a balance error.